

CHOCOLATE MOUSSE WITH HAZELNUT OIL AND SEA SALT (serves 6)

INGREDIENTS

14 tbsp (200 g) of high quality dark chocolate (55% or so cocoa)
3 eggs, separated
½ cup (50 g) of butter
5 oz (15 cl) whipping cream, with a little sugar and vanilla added (Chantilly cream)
2 tbsp (2 c à s) sugar
1 tbsp (1 c à s) hazelnut oil
2 pinches of sea salt

METHOD

- 1. Melt chocolate over a double boiler on gentle heat. Do not stir.
- 2. Add butter to chocolate. Use a whisk to gently stir until butter is melted. Remove from heat.
- 3. Whip egg yolks with a tablespoonful of sugar until light in color. Pour chocolate into the yolks. Add the hazelnut oil and the sea salt. Stir.
- 4. Whip cream until it forms light peaks. Fold it into the chocolate mixture.
- 5. Beat the egg whites and second tablespoon of sugar until it forms very firm peals. Fold the egg whites into the chocolate, very delicately.
- 6. Pour the mousse into six serving dishes and refrigerate until ready to serve.